

**JANUARY 2017** 

# NATIONAL SCHOOL OF BASEBALL & SOFTBALL, LLP NEWSLETTER

# **Monthly Update**

January is here and training is in full swing. Players are starting earlier and earlier in order to get ahead of the intense competition. Regardless of the what level you play at: In-House, In-House & Part Time Travel, Full Time Travel, High School or College; the thought process these days is, "If you are not training, someone else is."

This month we started a pitching clinic at Swing Baseball & Softball Training Center. We will be headed into our third week and the feedback has been awesome! The kids are having a blast and their improvements are already showing!

# **Lesson Updates**

The NSoBS Lesson Schedule is filling up fast! Our lesson areas include: Naperville, Plainfield, Aurora, and Montgomery areas.

Lombard: T's Training Academy on Sundays, Mondays & Tuesdays.

Montgomery: Swing Baseball & Softball Wednesday through Saturday.

We are also looking at a new sight in Plainfield.

If your team or organization needs expert instruction, <u>contact us!</u>



Aiden Kress

# Student of the Month

Aidan, one of our newer students, has made incredible strides reaching heights he never knew he could reach. He wasn't sure he ever threw over 60 mph before, but he hit 67 mph and 72 mph on a run and throw. My guess is he is pushing 70 mph by now. His work ethic, attitude and coachability are an instructor's dream. I am so proud of this young man. There is still an incredible amount of untapped potential. By the time the season starts, his coaches will have no choice but to pitch him on a regular basis. Way to go, Aidan!!



Quick Tip of the Month by Coach Pete

# Coach Pete's "Tip of the Month"

Improvement and changes in mechanics only come with perfect repetitions. You cannot rely on team practices to get those reps in.

The drills are your "homework".

Do them religiously.

Take responsibility for your growth as a player.

This is where every play "Own It".

Click on the picture to the left to watch the Tip of the Month!

## **Job Opportunities**

The National School of Softball and Baseball is growing at a rapid pace. This position would be perfect for any college student or recently graduated softball player looking to get into coaching or education and has a passion for softball, teaching and has softball pitching experience.

#### **Head Softball Instructor**

Responsibilities

- \* Expert softball instructor for softball pitching
- \* Expert softball instructor for all softball specialties: ex. slap hitting, catching
- \* Play an active role in promoting not only yourself as an instructor but our company
- \* Attend and run specific softball events such as clinics and camps.
- \* Attend and help some baseball events to help in the event and promote softball
- \* Adhere to the NSoB&S style of coaching and approach.
- \* Teach the same hitting style and mechanics that the NSoB&S uses for baseball biomechanics based.
- \* Attend occasional meetings and outings
- \* Lead the way for softball growth

#### Skills & Experience

- \* Expert knowledge of softball pitching
- \* Knowledge in all aspects of softball
- \* Ability to teach with patience
- \* Strong interpersonal skills
- \* Strong communication skills
- \* Passion for teaching and instructing
- \* Team Player
- \* Leadership
- \* Magnetic personality
- \* Softball player or coaching experience minimum 5 years

### **Lesson Information**

Are you interested in individual lessons or group lessons?

Does your player need help in pitching, hitting, catching, or fielding?

The National School of Baseball has lessons for Baseball and Softball. We invite you to check out our information and book your lesson today!

We have students and teams from all over the western suburbs: Naperville, Joliet, Minooka, Shorewood, Aurora, Plainfield, North Aurora, Montgomery, Downers Grove, Lisle, Lombard, Elmhurst and even Schaumburg.



\*Sample advertising

# Sponsorships and Advertising

Do you have a local business that you want to advertise? The National School of Baseball is now accepting sponsorships for T-Shirts or any other Baseball product to be sold at our lessons and clinics!

Contact Ashley at Ashley@NationalSchoolOfBaseball.com



# **Get Connected!**

We are on <u>Facebook</u>, <u>Twitter</u>, <u>YouTube</u>, and <u>Instagram</u>! Come follow us and share!

We also have <u>instructional</u> <u>videos</u> that you and your players can watch, as well as Coach Pete's Vlog!

# EDUCATE DEMONSTRATE MOTIVATE

CREATE: **DOMINANT LONGEVITY**