THE NATIONAL SCHOOL OF BASEBALL AND SOFTBALL

NEWSLETTER

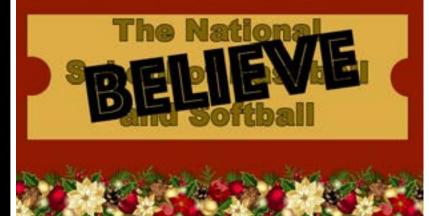




December Theme of the Month

THEME OF THE MONTH DEC. 2017: COACH PETE'S FAVOTIRE WORD

BELIEVE in yourself, your trainers, your coaches, and what they are teaching you. **MERRY CHRISTMAS EVERYONE!**



Check out this and previous months' themes on our website at:

http://www.nationalschoolofbaseball. com/theme-of-themonth/.

December Student of the Month

JACKSON MOSES

Without question. Jackson is one of our stars of the future. He did not miss a lesson all month. He worked incredibly hard on his own, doing his drills religiously. His biggest challenge was



accuracy. Two weeks ago we took a test. He threw two rounds of 15 pitches. In the first round, he threw 13 out of 15 strikes. In the second round he threw 11 out of 15 strikes. That's 24 out of 30 strikes (80% strike to ball ratio), all done going hard! In other words, as a rule of biomechanics, there is no slowing up. It's GO HARD or GO HOME. So, he was not going slow just to throw strikes. His improvement has been astounding. We could not be more proud of this young man. Congratulations, Jackson! You truly earned this honor!

Team Venom A Message from Coach Alyssa

I have been working with these girls for just a few weeks and can already see the tremendous potential they all have. I truly believe with the right amount of attention, expert instruction and reps that my fellow coaches and I intend to provide, all of their potential will be realized.

Each of us played this game we love so much for many years and are all instructors and teachers at heart. Our plan is to not only improve their skill level, but to raise their confidence, which is critical.

We are still looking for a few more players to fill out this special roster of young ladies. These players will be provided with an experience that cannot be found anywhere else. In all of our combined years of playing, we have never come across a travel organization that offers as much as Illinois Venom.

My name is Alyssa Avino, and I am the Head Coach of this team. My assistants are Coach Cam and Coach Danielle. Our advantage is that we are all relatively close in age to these girls. We have keen insight to what these girls will face in both high school, high level travel and college ball.

We are all very excited about our roles and take them very seriously. Our intention is to teach and instruct every aspect of the game at a very high level. We will also be conducting class room practices to work on situational play and the mental side of their game. Our teaching methods are positive. We do not demean or degrade or players. And we do not punish our players with physical activity. There is a mutual respect.

If you are interested and want a private tryout, you can call or text me at 630-800-7626.





During school's winter break we will be open during the day by appointment. Training shouldn't stop just because school is out of session - give us a call!



We're Open!





NATIONAL SCHOOL OF BASEBALL & SOFTBALL

OPTIMUM PITCHING CAMP

Optimum Saftey

Optimum Accuracy Optimum Velocity

Led by Coach Pete Cimino (Founder/President/Head Instructor) of the NSoBS. Over 350 students taught / 12 Top Prospects on College Rec ruiter Boards / 1 Student with a full-ride scholarship

5 Saturdays / 90 mins per group / groups based on age & ability January 3rd - February 3rd 12:00pm / 1:30pm / 3:00pm \$139 (Less than \$28 per lesson)

Email coachpete@nationalschoolofbaseball.com or call 630-699-7031 23810 W. Industrial Drive N. Plainfield, IL





Perfect Hitting Camp II



Coach Sarah's Girls Softball Pitching Clinic



and



Stay tuned for more details!

Calling all Local Businesses!

Thank you to all for another fantastic year with NSOBS. We have grown tremendously and look forward to what the 2018 year has to offer. My name is Eryka, and I will be working on everything regarding publicity, social media, and sales. If you see me around, please introduce yourself and say hello!

That being said, we would like to grow our presence more in our local community. We have an exciting year ahead of us with our travel teams and expanding our family. If you, or any business owner you know would be interested in a sponsorship opportunity - you can relay my phone number and I will be happy to speak with them. Not only does their contribution help out our facility with state of the art equipment, but also can be used towards fees for one of our travel teams to help them have a successful season. We are located in a great area, and this would not only help us bring in more local students, but also help their businesses flourish as well.

If you have any questions, comments, or general feedback on how we can improve at the NSOBS - my my phone number is 630-418-2784, email eryka.hawkins@gmail.com.

A Message from Coach Sarah:

Happy Holidays to all our NSOBS students and their families! We could not be more thankful for your support as we continue to grow our organization.

I want to recognize all the work that my students have been putting in this entire year. Week after week, improvement after improvement- you all continue to wow me!

Now, we are approaching a new year and a new season. We have new goals and possess the work ethic needed to reach them. Let's get to work!





From all of us at the National School of Baseball and Softball...

MERRY CHRISTMAS AND HAPPY NEW YEARII

Have a safe and happy holiday.