



THE NATIONAL SCHOOL OF BASEBALL AND SOFTBALL NEWSLETTER

MAY 2017

May Theme of the Month: No Excuses

Your season started right? So, why aren't you doing the drills and exercises your instructor taught you? The goal is to get better as the season goes no, not get stagnated or fade at the end of the year. You all have the tools you need. Use them. NO EXCUSES! Get better or fade away. Your choice.



Check out our latest
YouTube video

“Students in Action”

[https://www.youtube.com/
watch?v=LdP5vz5_KtY&fea-
ture=youtu.be](https://www.youtube.com/watch?v=LdP5vz5_KtY&feature=youtu.be)

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We are seeking small
businesses who would like to
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merchandise.

Game Performance of the Month



Jonathon Hanscom
Mundelein HS
Freshman

6 ¹/₃

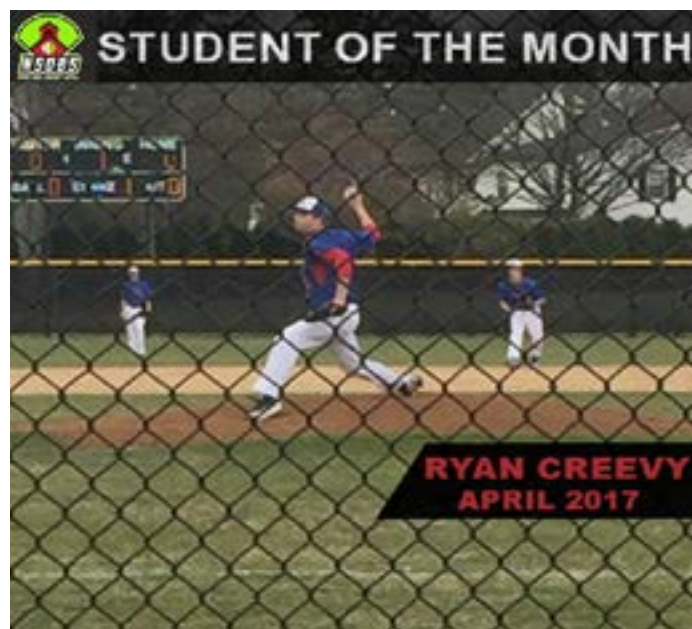
Innings
Pitched

12

Strikeouts

3

Hits



Ryan Creevy is a sophomore RHP on the Glenbard South High School sophomore team. In four appearances he has posted the following stats:

18 ² / ₃ IP	21 K's
7 BB	14 Hits
4 ER	E.R.A. 1.50

SOFTBALL CLINICS

Softball Clinics are around the corner.

Reserve your spot now!

Visit our website for more information.



A Message from Coach Pete:

With seasons in full swing, I am hearing one nightmare after another regarding coaches stigmatizing players, telling them they are not good enough and not giving them a chance at various positions. This is happening as early as age 7 and continues through high school. This is very sad to me. One of the major responsibilities of a coach, especially at a young age is to TEACH! If you have a young player who wants to pitch, then teach him. Telling him he is not good enough is deplorable behavior. Telling him "We need to work on it together" is acceptable. There is a fine line between demeaning and encouraging. Too many coaches do not know the game well enough. They watch You Tube videos and MLB and figure they know everything. They get the title of Head Coach and think no one knows better than them. On top of that, because of their own insecurities, they become a bully. Yes insecurities - they know full well they do not know how to teach, or know the game well enough to know what to teach.

When you tell a young player "you can't" or "you're not good enough" to play a certain position you are not only stigmatizing them you are putting a quick end to their baseball career before it even gets off the ground. The game is supposed to be FUN!

Parents, do NOT allow this to happen. You have every right to speak up. I am not talking about being "that parent", who constantly complains about their player not playing enough or playing certain positions.

When a coach says you "Need" to pitch or hit or throw this way or you won't play, ask him what facts does he have to support his approach. If he says he watches MLB, that's not good enough. If he says, "I played college ball or even pro ball", that's not good enough either. If he names one or even two players in the major leagues who does it that way, that's not good enough either. How about scientific proof?

STIGMATIZING is nothing but lazy coaching and a severe lack of knowing what to teach and most importantly HOW to teach it.

Again, this goes right up to the high school levels. It needs to stop. And it will only stop when parents speak up and hold the coach accountable for their behavior, decision making and expertise (or lack thereof).

Coaching IS teaching!