

THE NATIONAL SCHOOL OF BASEBALL AND SOFTBALL NEWSLETTER



OCTOBER 2017



October Theme of the Month

THEME OF THE MONTH **OCTOBER 2017: COMMITMENT**



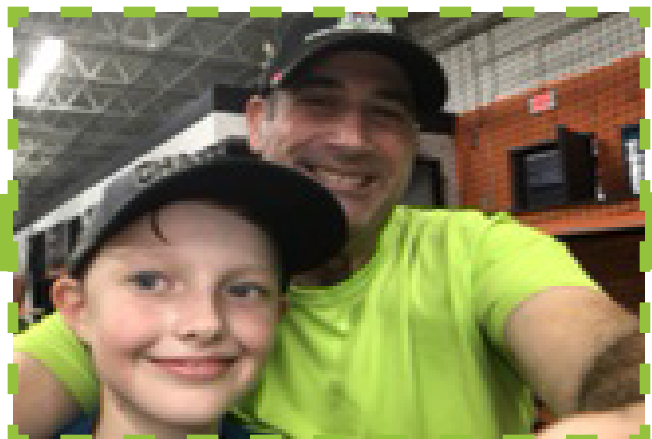
Check out this and previous months' themes on our website at:

<http://www.nationalschoolofbaseball.com/theme-of-the-month/>

October Student of the Month

CHASE EISNER

During the month of September, no one worked harder or improved more than 11 year old Chase. His transformation into a bona fide pitcher has been nothing short of astonishing. There's still a lot of work to do, but he is on this way to optimizing his full potential. I could not be more proud. - Coach Pete



NATIONAL SCHOOL OF BASEBALL & SOFTBALL, L.L.P

Perfect Hitting Camp

Statistical proven fact: *“The player on the team who makes solid contact 8 out of every 10 at bats will lead the team in hitting.”*

Question: How can a hitter accomplish that?

Answer: Proper hitting mechanics specifically designed to optimize every swing giving you the best possible chance to make solid contact.

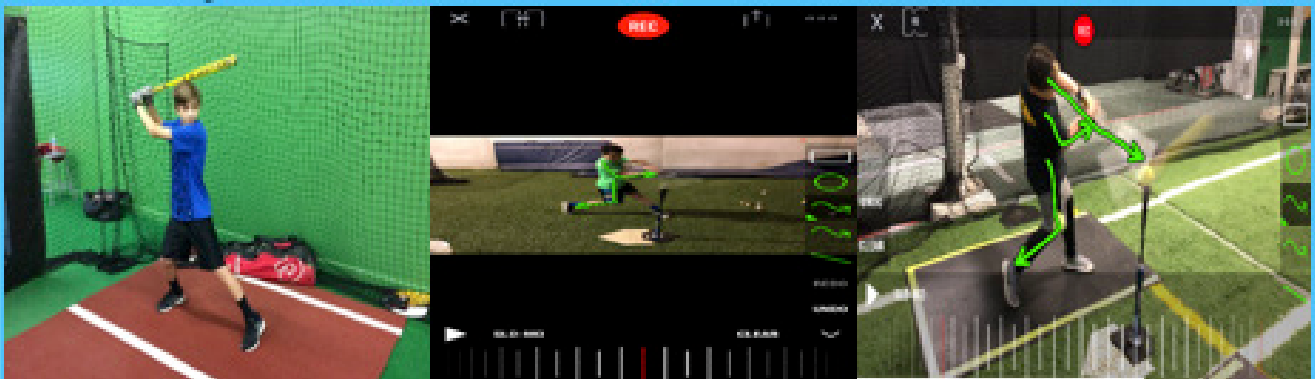
Question: What are those mechanics?

Answer: > Optimal positioning from head to toe including the bat

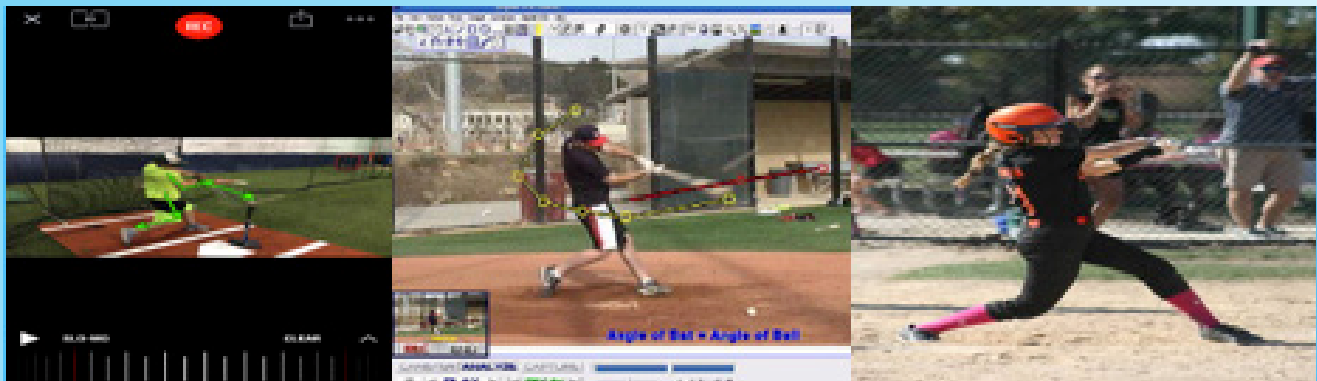
> Explosive hip rotation that ignites maximum power

> The right parts of the body being at the right place at the right time doing the right things

> Creation of a consistent, powerful, level swing on impact that produces crushing line drives



When: October 28th, November 4th, November 11th & November 18th
Where: NSoBS Complex - 23810 W. Industrial Drive N. Suite A, Plainfield, IL
Length: 1 Hour for each age group
Times: Ages 5-8: 12:00pm / Ages 9-12: 1:15pm / Ages 13 & Up: 2:30pm



Price: \$99

www.nationalschoolofbaseball.com

coachpete@nationalschoolofbaseball.com / 630-699-7031

Team Venom



Our inaugural Venom Travel Team: 16U Girls Softball is already closing out their fall session with a tournament in Ottawa on October 29th. The team is coming together, improving every week, and tightening the bond they already have. There are still a few spots open. Please call Coach Pete for your own personal tryout at 630-699-7031.



With the addition of our softball team, an increase in softball students, and a golden opportunity with a local athletic club on the horizon, our softball program has grown by leaps and bounds in the past two months. These efforts have been led by our Head Instructor, Coach Sarah Burke.

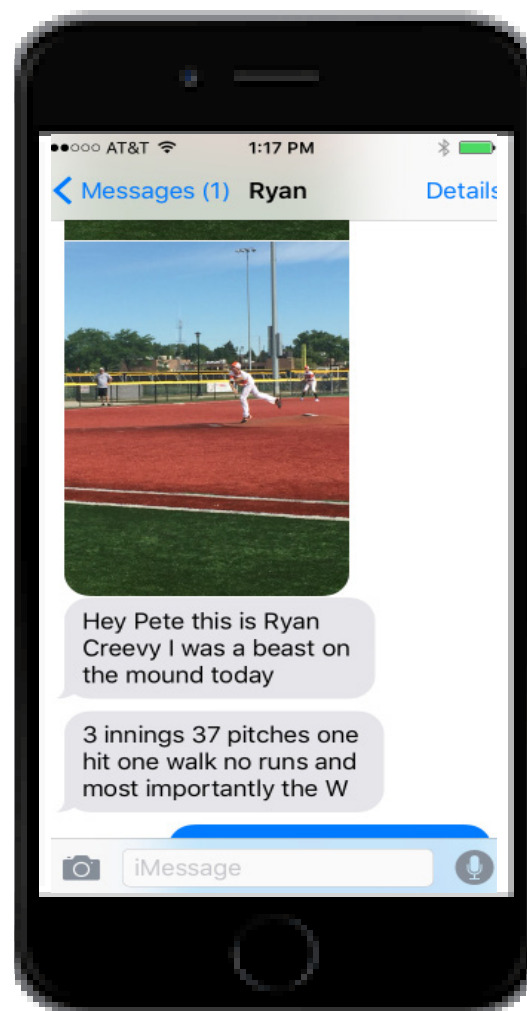
**CALL NOW FOR YOUR
LESSONS WITH
COACH SARAH!**



Raves and Reviews

As we have always said, our trophies are on our website. Check out the latest Raves and Reviews. The success of our students are our trophies! We want to hear MORE and so do our fans! Please drop us a note or text.

Raves & Reviews include game reports, testimonials, and feedback. Check them out here:
<http://www.nationalschoolof-baseball.com/raves-and-reviews/>



Coach Pete's Corner:

To my HS Students: once fall ball is over, give yourself a break. Focus on conditioning. Create a workout that focuses on getting "Pitcher Strong." Get your mechanics locked in. Optimize safety, accuracy and velocity. Increases in strength directly affect gains in velocity. Please call if you need guidance. Create an effective plan and set goals for gains in strength.

To my young players: play your other sports! You are too young to specialize in one sport. However, when you have some spare time, work on mechanics and create that muscle memory by doing your drills. Get from habit to automatic.

To all: thank you for your continued loyalty, support and belief in the NSoBS. Enjoy the MLB Playoffs and World Series.



Sign up for Lessons

The foundation of our business has been and always will be Expert/Elite Instruction.

EDUCATE

DEMONSTRATE

MOTIVATE

CREATE

... that is what we do. We teach with patience, positive reinforcement and genuine caring. What we teach is proven to work, backed up by years and years of experience, expert knowledge and science. Call today to set up your lessons with either Coach Pete or Coach Sarah.

