



THE NATIONAL SCHOOL OF BASEBALL AND SOFTBALL NEWSLETTER

AUGUST 2017

Cage Rentals - Happening Now!

PITCHING

- \$20 half hour
- \$25 w/ Radar Gun & Display
- \$30 hour
- \$35 w/ Radar Gun & Display

CAGE 2

- \$20 half hour
- \$25 w/ Pitching Machine
- \$30 hour
- \$35 w/ Pitching Machine

CAGE 3

- \$20 half hour
- \$25 w/ Pitching Machine
- \$30 hour
- \$35 w/ Pitching Machine

PACKAGES

- 5 hours for \$125
- 10 hours for \$200



Contact us today to book now! For more info,
visit www.nationalschoolofbaseball.com

14U & 16U Softball Team Tryouts

UNIQUE OPPORTUNITY & ORGANIZATION

ALL-INCLUSIVE

ELITE EXPERT INSTRUCTION & LESSONS INCLUDED

PHYSICAL TRAINING & NUTRITION



Tryouts will take place at our new facility:
23810 W. Industrial Drive, Plainfield, IL

Contact Coach Pete to sign up: 630-699-7031

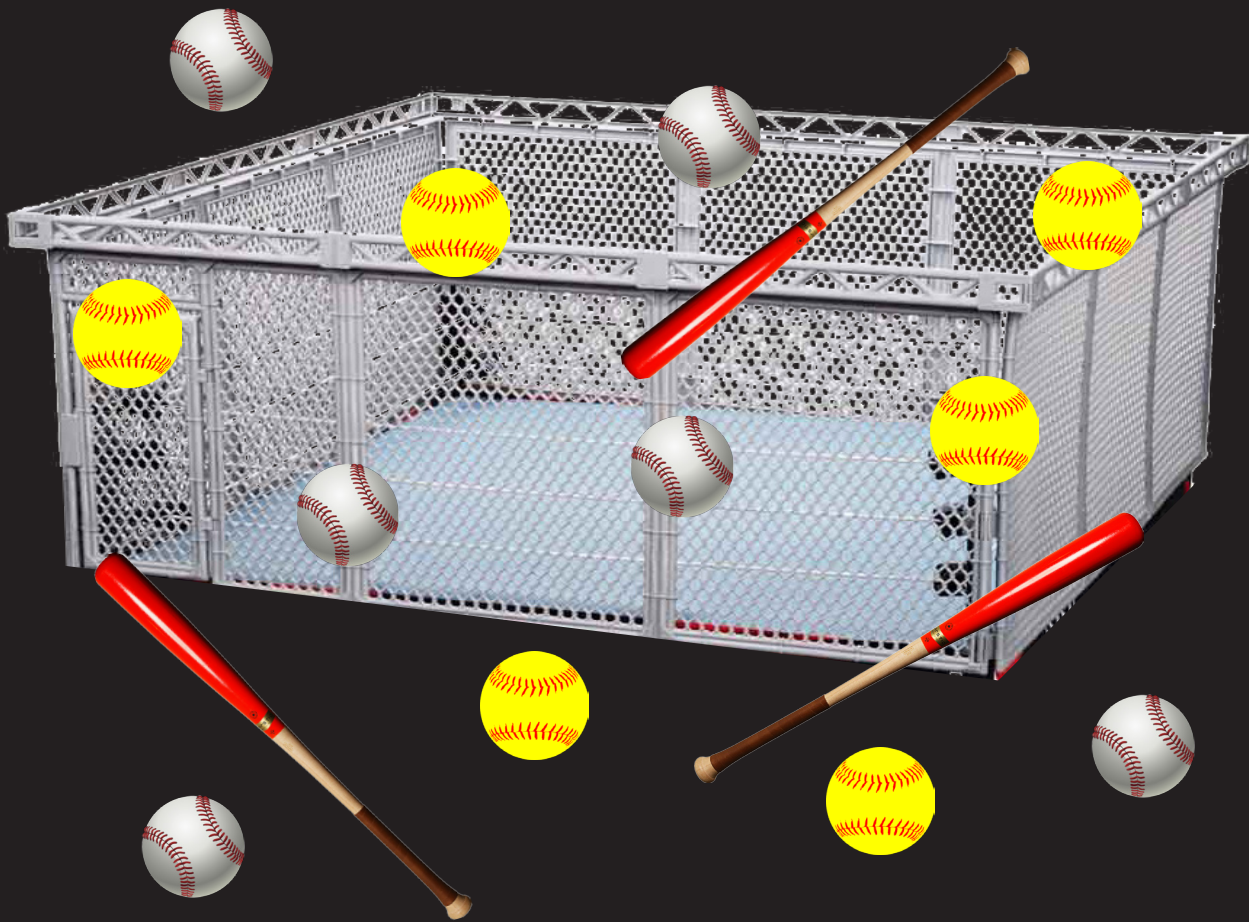
A Message from Coach Pete:

There has been and continues to be a major epidemic throughout baseball starting at ages as young as eight years old. That epidemic is over-pitching or “abusing” young pitchers, using them repeatedly all for the sake of winning. This is not only ruining young pitchers, but is ruining the sport.

To read more, visit our blog at:

<http://www.nationalschoolofbaseball.com/message-coach-pete/>

August **RAGE** in the **CAGE**



During the month of August, purchase five hours or more of cage time to be entered into a hitting contest.

The contest will group students by age and put the pitching machines at top speed.

Whoever records the most hits out of 15 pitches will win a prize!

The National School of Baseball and Softball Presents:



BASEBALL BIOMECHANICS PITCHING VELOCITY PROGRAM

In Conjunction with Tier One Athletic Performance



WHAT:

- Biomechanics to maximize safety, accuracy & velocity
- Physical training & nutrition:
Pitcher Strong
- Mental toughness



WHO:

- All pitchers ages 8 and up
- Groups of 6 or less per age

PRICE:

\$899

T1
ATHLETIC
PERFORMANCE

WHEN:

- 20 Sessions
- Two sessions per week
- September 11 through
November 18

SIGN UP: 630-699-7031

coachpete@nationalschoolofbaseball.com

<http://www.nationalschoolofbaseball.com/events/>

THE NSOBS OPEN HOUSE!



Meet our
instructors
and coaches!

Question and
Answer
Session!

NATIONAL SCHOOL OF BASEBALL & SOFTBALL

AUGUST 16 & 17 FROM 6-9 PM

Check out our new home!

23810 W. INDUSTRIAL DRIVE PLAINFIELD, IL

FREE 30 minute sessions

Pitching Tunnel (with radar gun and display board)

Batting cages (with pitching machines)

First come first serve



**WHY YOU
SHOULD ATTEND**

**Find out what the NSOBS is up to.
Sign up for more free stuff and prizes.
Join our school programs and teams.**