

# THE NATIONAL SCHOOL OF BASEBALL AND SOFTBALL

## NEWSLETTER



# JANUARY 2018

### IN THIS ISSUE:

- + RETURN OF COACH PETE'S QUICK TIP VIDEOS!
- + STUDENTS OF THE MONTH - ALL ABOUT SOFTBALL
- + NEW TEAM VENOM SOCIAL MEDIA PAGES TO FOLLOW

# January Theme of the Month

## New Beginnings - That First Impression

—YOU—  
**NEVER**  
*get a second*  
**CHANCE**  
TO MAKE A  
*Great*  
—FIRST—  
IMPRESSION

Check out this and previous months' themes on our website at:

[http://www.nationalschoolofbaseball.com/theme-of-the-month/.](http://www.nationalschoolofbaseball.com/theme-of-the-month/)

## January Students of the Month

### DELANEY NELSON & HAYLEE STIPE



Delaney has been taking softball pitching lessons with Coach Sarah for a year. She is not only consistent with her lessons, she works hard on her own. Compared to her first lesson, she is unrecognizable on the mound. It was no surprise she landed a spot on a 10U high level softball travel team!

is hard to find students/players more willing to put in so much extra time with a burning desire and passion to improve all facets of her game. Coming off a shoulder injury, she has never stopped pushing. She has even gone back to one of her favorite positions, pitching. She leads by example with incredible heart.

Haylee is not only a student, she is one of our very own – a member of our Illinois Venom 16U Girls softball team. It



# **Team Venom**

## **An Illinois Venom 16U Update from Coach Alyssa**



For the past six weeks our focus has been proper mechanics, techniques and situational play. It has been drills for skills, lots of hard work, reps and one game situation after another. The improvement has been remarkably evident especially over the past few weeks. This team is coming together not only with their skills and knowledge of the game, but most importantly as a unit. If in just over a month they have all this improvement, I have no doubt that when our tournaments start they will come together as a team and be very successful. The coaching staff and I are very proud of them. It has also been one of our goals to prepare these young ladies for their high school softball experience – with many of them being freshman. We feel this is happening...for not only high school but beyond.

We are still in need of just a few special players to round out this roster. If you are interested in a unique, fun, learning experience at the 16U level and would like to tryout, please contact me at 630-800-7626.

## **Keep up to date with Team Venom by following them on social media!**



@IllinoisVenomSoftball



@IllinoisVenom



@venom\_softball16U



@IllinoisVenomSoftball



# NSOBS COMPLETE FAST-PITCH PITCHING CLINIC

Led by Coach Sarah

**DATES:** Feb. 10 / Feb. 17 / Feb. 24 / Mar. 3

6-9 year olds: 1 PM

10-13 year olds: 2 PM

14-18 year olds: 3 PM

## KNOWLEDGE LEARNED INLCUDES:

**Mechanics**

**Accuracy**

**Speed**

**PRICE: \$119**



23810 W. Industrial Drive.  
Plainfield, IL

To Register: [coachpete@national-schoolofbaseball.com](mailto:coachpete@national-schoolofbaseball.com)

Questions? Contact Coach  
Sarah @ 708-543-4534

# CHECK OUT OUR VIDEOS!

<https://youtu.be/dAzQdp8OnU0>



## Random Coaching Videos

#01 - Week one of Optimum Pitching Camp: The Towel Rocker Drill

<https://youtu.be/HJk0va5KGns>



The Best Pitching Clinic from NSOBS

<https://youtu.be/7yAyCiwqa-GY>



Illinois Venom Softball Hype 2018

# A Message from Coach Pete:

We are very excited to be heading into our busiest time of year. We have so many incredible things happening with new students, new teams, new organizations, new challenges. Our growth continues at a rapid rate, something we are very proud of. The foundation and pillar of our company has been and always will be “teaching” the mental and physical skills needed to play the games of baseball and softball at the highest levels; turning our students and players into the very best players they can be.



Our goal is for them to walk on to the field feeling like they are the best prepared players on the diamond. Our entire staff lives and breathes our motto: Educate, Demonstrate, Motivate, Create. We stick with our teaching methods that are positive, supportive and fun. We never demean, degrade or break down our students or players with either verbal abuse or punishment with physical activity. These are the types of coaching methods and behaviors that cause players to walk away from the game. I have seen it happen time and time again. It will not ever happen at the National School of Baseball & Softball!

Watch for our Quick Tips, Random Coaching Videos, Venom updates and much more. Join our newsletter email list. [www.nationalschoolofbaseball.com](http://www.nationalschoolofbaseball.com)

## THEY'RE BACK!!

### Quick Tip Videos from our Coaches



Check out Quick Tip #11:  
Everything is Fixable  
and all our other Quick Tip videos  
on our YouTube page and  
website!

YouTube: Peter Cimino

Website: <http://www.nationalschoolofbaseball.com/quick-tip/>